

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
					What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
3 Texas Tommy on Torpedo Roll FEATURED VEGGIES BBQ Beans Veggie Patch	4 Double Beef Soft Tacos FEATURED VEGGIES Spanish Rice Veggie Patch	5 Buffalo Chicken Dip w. Tortilla Chips FEATURED VEGGIES Celery Sticks Veggie Patch	6 General Tso Chicken w. Brown Rice FEATURED VEGGIES Steamed Broccoli Veggie Patch	7 Build Your Own Pasta Bar FEATURED VEGGIES Caesar Salad Veggie Patch	
					Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry
10 Bacon Cheddar Pierogis w. Fixings FEATURED VEGGIES Cucumber Salad Veggie Patch	11 BBQ Chicken, Bacon & Ranch Quesadilla FEATURED VEGGIES Cheesy Rice Veggie Patch	12 Homemade Chili w. Corn Bread FEATURED VEGGIES Sweet Potato Fries Veggie Patch	13 Roasted Turkey Sliders FEATURED VEGGIES French Fries Veggie Patch	14 Build Your Own Pasta Bar FEATURED VEGGIES Caesar Salad Veggie Patch	
					Daily Alternates Chicken Patty Spicy Chicken Patty Cheeseburgers Peperoni Pretzel Melts Pork Roll & Cheese Specialty Pizza Pizza
17 Chicken Lo' Mein w. Mini Egg Rolls FEATURED VEGGIES Steamed Broccoli Veggie Patch	18 Beef Walking Tacos FEATURED VEGGIES Mexican Street Corn Veggie Patch	19 Meatball Sub on a Toasted Roll FEATURED VEGGIES Glazed Carrots Veggie Patch	20 Grilled Cheese on Texas Toast FEATURED VEGGIES Tomato Soup Veggie Patch	21 Build Your Own Pasta Bar FEATURED VEGGIES Caesar Salad Veggie Patch	
24 Nashville Hot Chicken & Waffles FEATURED VEGGIES Green Beans Veggie Patch	25 Chicken Nachos Grande FEATURED VEGGIES Black Beans Veggie Patch	26 Garlic Parm Wing Dings FEATURED VEGGIES Mashed Potatoes Veggie Patch	27 Chic-fil-a Chicken Sandwich FEATURED VEGGIES Broccoli Salad Veggie Patch	28 Build Your Own Pasta Bar FEATURED VEGGIES Caesar Salad Veggie Patch	
31 Pizza Crunchers FEATURED VEGGIES Tater Tots Veggie Patch					
Your Team Katie Mowry , Food Service Director 856.456.7000 ext. 4404 GLC@metzcorp.com			Meal Prices Student Breakfast FREE Reduced Breakfast FREE Faculty Breakfast \$4.00		 

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

